



Class of 2025 Senior Parent Night

August 15, 2024

Welcome & Introductions

James Fitzgerald

- Expectations, Attendance & Reminders
- Upcoming Events

Senior All Night Party

Keri Garcia, SANP President

Yearbook Deadlines and Class of 2025 Spirit Packs

Yearbook Editorial Board

Counselors:

Helen Kenney, Counselor

- Credit Status
- MME Test Information

Luke Moore, Counselor

- Post-Secondary Program Research
- College Visits On and Off-site
- College Nights

Nicole Lusk, Counselor

- College Applications & Transcripts (www.parchment.com)
- NCAA & NAIA (www.eligibilitycenter.org & www.playnaia.org)
- College Application Week/Michigan College Month
- Letters of Recommendation

Heather Osterhout, Counselor

- The Military
- Financial Aid (www.fafsa.gov) & FAFSA Info
- Scholarships (HHS website – Counseling – Financial Aid & Scholarships)
- Keeping Informed

SENIOR CALENDAR 2024-25		
August	20	Back to School Night - 5:30 PM
	22	New Student Breakfast - HHS Commons
	29	Last day to order Senior Spirit Pack at \$45 (if ordered after between 8/30-9/6 - \$50)
September	8/30 - 9/2	Labor Day Weekend - No School
	6	Last day to order Senior Spirit Pack (\$50, No late orders)
	8	Virtual National Portfolio Day, nationalportfolioday.org
	20	Last day to register for the October 5th SAT Test (www.collegeboard.org)
	25	Livingston County College Night and MORE @ Cleary University - 6:00-8:00 PM (70+ colleges)
	26	Huron Valley Schools Future Pathways Night (Milford HS, 6:00-7:30PM)
	TBD	More Michigan College Fairs: https://www.michigancollegefairs.org/calendar
	TBD	National Virtual College Fairs: nacacattend.org/fairs
October	9/30 - 10/4	College Application Week
	5	SAT Test Date (registration deadline is September 20th)
	11	Homecoming Spirit Week
	11	Homecoming Assembly
	11	Homecoming Football Game vs. Northville - 7:00 PM
	12	Homecoming Dance - 7:00 PM - 9:00 PM
	18	Last day to request teacher/counselor letters of recommendation for colleges with Nov 1st deadlines (if required)
	18	Last day to register for the November 2nd SAT Test (www.collegeboard.org)
	18	Senior Portraits due to Yearbook - Late submissions will incur a \$25 late fee
	18	Fall Break - No School
November	1	Priority/Early Action Deadline for MSU and U of M - Ann Arbor
	2	SAT Test Date (registration deadline is October 18th)
	4	Senior Panoramic Photo & Jostens - Cap & Gown/Announcements Meeting
	TBD	Female Seniors can order Announcements/Cap & Gowns during lunch
	TBD	Male Seniors can order Announcements/Cap & Gowns during lunch
	22	Last day to register for December 7th SAT test (www.collegeboard.org)
	11/27 - 12/1	Thanksgiving Break - No School
December	2-13	Second semester schedule change request window
	6	Last day to request teacher/counselor letters of recommendation for colleges with Jan 1st deadlines (if required)
	7	SAT Test Date (registration deadline is November 22)
	13	Last day to request schedule changes for 2nd semester
	17	Final Exams
	18	Final Exams: 1/2 day for HS only
	19	Final Exams: 1/2 day for HS only
	20	Final Exams / End of 1st Semester: 1/2 day for HS only
23	Holiday Break - No school December 23rd through January 6th	
January	6	Teacher Records Day - No School
	7	2nd Semester Begins
	20	MLK Day - No School
	30	Deadline for Senior Ads for Yearbook (if space allows, could fill up sooner)
February	8-10	Mid-Winter Break - No School
	25	Last day to register for March 8th SAT test (www.collegeboard.org)
March	8	SAT Test Date (registration deadline is February 23)
	24-28	Spring Break - No School
	24	Online yearbook sales will end soon! Watch for emails and announcements
May	2	Prom - Crystal Gardens
	5-16	AP Exams (apstudent.collegeboard.org for specific exam dates)
	8	Senior Exams
	8	Cap and Gown distribution, & Senior Yearbook distribution
	8	Decision Day Celebration & College Athlete Recognition Ceremony
	8	Senior Athletic Recognition Ceremony - HHS Auditorium (12:30 - 2:00)
	9	Last Day for Seniors! Senior Walk
	9	Senior All Night Party
	22	Senior Honors Night - 6:30 PM - HESSC Performing Arts Center
30	Graduation - 7:00 PM - Eastern Michigan University Convocation Center	

SENIOR YEARBOOK INFO.

CLASS OF 2025

PROTRAIT DEADLINE

SENIOR PORTRAITS are DUE BY October 18, 2024.

Portraits need to be submitted to the link below by the deadline: <https://photos.jostens.com/MYWLXL>

Late submissions will have to pay a \$25 late fee.

If interested, student **headshot sessions** will be available for \$25 at the school by appointment ONLY from October 21st through the 25th.

REQUIREMENTS

- Upper body vertical shots (waist up)
- No black and white
- No pets or props
- No off-the-shoulder tops
- Photo must be school-appropriate
- Photos should be titled with the student's full name.
- Resolution 300 dpi minimum

SENIOR ADS

Parents can purchase space for a senior recognition ad using the QR code.

SENIOR ADS →



<https://www.jostens.com/yearbooks/students-and-parents/yearbook-ads>



Hartland
High School
Class of
2025!

Senior → College Transition!

Things to do
between now &
the fall of your
SENIOR year!

SAT

If you plan to retake
the SAT, visit...
www.collegeboard.org
to register!

Anticipated 24-25
SAT Dates...

August	24
October	5
November	2
December	7
March	8
May	3
June	7

Visiting Campus...

If you have not already done so, a campus visit is a great way to find out more about a college! All colleges welcome prospective students to come see if their academic programs, campus, and community are a good fit for them. To schedule a campus visit, contact the college admissions office or visit their website to find out about campus visit options. It is best to schedule a campus visit on a weekday (during the school year if possible) to see what a typical day on campus is like. Bring in a letter from the admissions office to the HHS Main Office stating you were there on that day and we will excuse your absence for that day. **VIRTUAL TOURS are also available on most college websites!**

Letters of Recommendation...

A few colleges will require you to have one or more letters of recommendation as part of the application process. Therefore, you should start thinking about who you will ask to write a letter of recommendation for you. You should ask someone who knows you well (such as a teacher, coach, or club sponsor). You should provide the person writing the recommendation some information (such as a list of activities, sports, accomplishments, work experience, community involvement, etc. to assist them in writing the letter (*see reverse side*). You can provide the person this information by giving them a copy of your resume or type a list using the questionnaire on the other side of this handout as a guideline. Make sure to ask them in advance and give them a minimum of two weeks notice to complete the letter for you.

College Applications & Requesting Official Transcripts

1. Fill out college applications online by going directly to the college website
2. Request your transcript through Parchment by going to www.parchment.com or go to the HHS website at www.hartlandhighschool.us, click on "Counseling", then click on "Transcript Requests"
3. Register with Parchment by creating an account *NOTE* use your home/personal email address when setting up your account — do NOT use your school email address
4. Follow the steps to request a transcript
5. Transcripts requested while in high school are FREE. *Important Note* If the school you are applying to has a transcript fee, cancel your request for that particular school, then print out & bring in any forms for that school to the Counseling Office so that our secretary can send your transcript free of charge.

Scholarships...

Scholarship information can be found on our website at www.hartlandhighschool.us. Click on...

➤ Counseling, ➤ Scholarships, ➤ Scholarship Gazette

You may also want to have letters of recommendation for some scholarships. Follow the same guidelines as above.

Playing College Sports

- If you plan to play Division I or II college sports, you should have already registered with the NCAA Clearinghouse. If not, you will need to do so. Go to www.ncaa.org/student-athletes/future for more information and/or to register. You will also want to talk with your high school counselor.
- The NCAA Clearinghouse will also need your SAT scores. If you did NOT list NCAA as one of the schools to receive your SAT scores when you took the April SAT, you will need to contact SAT and request that your scores be sent to the NCAA Clearinghouse. (www.collegeboard.org)
- You may also want to download the "Guide for the College-Bound Student Athlete" from the NCAA website.

~ Request for Recommendation/Evaluation ~

If you would like me to complete a recommendation/evaluation, please provide the following information...

- **Name**
- **Deadline to have the recommendation/evaluation completed by** (please give a minimum of 2 weeks notice)
- **Type of Evaluation/Recommendation:** College / Scholarship / Job
- **GPA & SAT/ACT**
- **Future Plans & Goals**
 - What colleges are you applying to
 - What is your intended major/course of study, career goals, etc.
 - Why does this career field interest you?
- **Extra-Curricular Activities (Sports, Clubs, etc.)**
 - Include which grades/year
 - Which level – Freshman, JV, Varsity, Club, Travel, etc.
 - Leadership positions held – Captain / Co-Captain, President / Vice-President, Secretary, etc.
 - Special activities / events participated in
 - What did you gain from these experiences?
- **Honors/Awards (Academic, Athletic, Attendance, Club, Recognition, etc.)**
 - Include the grade/year(s) you earned the award, # of times earned, etc.
- **Community Involvement (community service, volunteer work, church involvement, etc.)**
 - Include the activity / events & amount of time spent (dates, month/year, # of hours, etc.)
 - What did you gain from these experiences?
- **Work Experience**
 - List your employer & position(s) held
 - Include your dates of employment (month/year) & average # hours per week
 - Include your responsibilities
- **Interests/Hobbies (outside of school)**
- **Personal Qualities**
 - List and explain 3-4 qualities that you feel you possess & is there anything unique or makes you stand out?
- **References**
 - List the Hartland teachers/coaches to whom I might go to for further reference.

OPTIONAL INFORMATION...

- **Personal Achievements/Experiences**
 - Do you have any special achievements in or out of school that you are especially proud of?
 - Do you feel that your grades are a fair representation of your academic ability? If not, please explain.
 - Which subjects do you like best, excelled in, have been difficult, etc. that would be related to this application?
 - Are there any factors that have come up during your high school career which you feel have put you at a disadvantage or have impacted you in some way? If so, please explain.
 - Have you participated in any special programs, summer workshops, camps, etc.? If so, please list and explain what you gained from these experiences.
 - Explain your personal contribution to the high school community.
- **Special Circumstances/Additional Information**
 - Are there any special family circumstances? ...Single parent household? Death of a parent or sibling? Siblings who will be in college at the same time? Extended family that live in your home?
 - Are there any financial hardships that I should be aware of?
 - Are there any other special circumstances that you would like me to communicate on your behalf?
 - Is there any additional information that I may not know that you think would be important for me to know when completing your recommendation/evaluation?



MICHIGAN ACHIEVEMENT SCHOLARSHIP



Michigan students who recently graduated from high school may be eligible for the Michigan Achievement Scholarship.

Community College Guarantee

All students are eligible for the Community College Guarantee (regardless of family income), which includes:

- Earning a skills certificate or associate degree tuition-free at your local community college!
- An additional \$1,000 Michigan Achievement Bonus for Pell-eligible students to use toward additional college costs.

Public or Private University

Students may be eligible to receive the Michigan Achievement Scholarship at a Public or Private University.

- Up to \$27,500 to earn a bachelor's degree—that's \$5,500 per year for up to five years.
- 7 in 10 high school graduates are eligible.
- Find out if you are eligible by completing the FAFSA.

Career Training

Students may be eligible to receive the Michigan Achievement Scholarship at a career training program.

- Up to \$4,000 to earn a skill certificate—that's \$2,000 per year for up to two years.
- Find out if your program is eligible by visiting michigan.gov/careertraining.

Visit michigan.gov/achievement to find the right path for you!

MI Student Aid

P.O. Box 30462
Lansing, MI 48909-7962

888-447-2687

michigan.gov/mistudentaid



@mistudentaid



MI Student Aid — Programs at a Glance

Programs

Children of Veterans Tuition Grant

Provides tuition assistance to the biological children of Michigan veterans who are totally and permanently disabled, missing in action, or deceased due to a service connected injury or illness.

Application Deadline: July 15

Michigan Reconnect

Scholarship program for students age 25 and older which pays for the cost of in-district community college tuition or a significant tuition discount if you attend an out-of-district community college.

Fostering Futures Scholarship

Provides assistance for college expenses to Michigan students who had formerly been in foster care.

Priority Application Deadline: August 1

Michigan Tuition Grant

Provides tuition assistance to students attending a Michigan private or independent, non-profit college or university.

Priority FAFSA Deadline: July 1

Michigan Achievement Scholarship

Michigan high school graduates in 2023 or after may be eligible for Michigan Achievement Scholarship. Students must be enrolled full-time and demonstrate financial need by completing the FAFSA and have an SAI of \$30,000 or less.

The Michigan Department of Lifelong Education, Advancement, and Potential is not affiliated with National Merit Scholarship Corporation or its registered trademarks National Achievement®, Achievement Scholarship®, or Achievement Scholar®.

Police Officer's and Fire Fighter's Survivor Tuition Grant

Provides a waiver of tuition for children and surviving spouses of Michigan police officers and fire fighters killed in the line of duty.

Application Deadline: July 15

MI Future Educator Fellowship

Program to create low-cost tuition pathways for future Michigan educators every year. Student must be enrolled full-time to receive the award.

Application Deadline: July 15

Tuition Incentive Program

Provides assistance to Michigan students who have received Medicaid coverage for 24 months within a 36 month period between age nine and high school graduation.

MI Future Educator Stipend

Stipend to support Michigan's hardworking student teachers as they continue their journey to being in the classroom full-time. Student must be enrolled full-time to receive the award.

Application Deadline: July 15

More information on programs, award amounts and deadlines can be found at michigan.gov/mistudentaid.

Campus Visit Checklist

Visiting a college campus helps you get a sense of what a college — and life at that college — is like. This can help you decide whether the college is right for you.

GATHER INFORMATION

Find out what you need to do to apply, and see if the college's class and major offerings are what you want:

- Take part in a group information session at the admission office.
- Interview with an admission officer.
- Pick up financial aid forms.
- Sit in on a class that interests you. If classes aren't in session, just see what the classrooms are like.
- Meet a professor who teaches a subject that interests you.
- Talk to students about what they think of their classes and professors.
- Get the names and business cards of the people you meet so you can contact them later if you have questions.

EXPLORE THE CAMPUS

Get a feel for student life, and see if this college is a place where you will do well:

- Take a campus tour.
- Visit the dining hall, fitness center, library, career center, bookstore, and other campus facilities.
- Talk to current students about the college and life on campus.
- Check out the freshman dorms, and stay overnight with a student, if possible.
- Talk to the coaches of sports that you may want to play.
- Walk or drive around the community surrounding the campus.

CHECK OUT CAMPUS MEDIA

Tune in to learn what's happening on campus and what's on students' minds:

- Listen to the college radio station.
- Read the student newspaper.
- Scan bulletin boards to see what daily student life is like.
- Go to the career center and learn what services it offers.
- Browse the school's website and any campus blogs.
- Read other student publications, such as department newsletters, alternative newspapers, and literary reviews.

GET THE MOST OUT OF A CAMPUS VISIT IN **6 STEPS**

1 DECIDE WHERE AND HOW

See if your school arranges group trips to colleges or if you could get a group of friends together and visit the campus. A family trip is another option and allows you to involve your family in the process.

2 PREPARE FOR YOUR VISIT

Before you set out, get a map of the college campus and pick out places of interest. Call the college's admission office to schedule a guided tour of the campus.

3 TAKE YOUR OWN TOUR

Just wandering around the campus on your own or with friends can be the best way to get a feel for what a college is like.

4 EXPLORE THE FACILITIES

Find the spots on campus where students gather or ask a student where the best place to eat is to get a feel for the character of the college. Visit the library and check out the gym or theater. Ask an admission officer if you can tour a dorm and a classroom.

5 MAKE CONNECTIONS

Talk to current students. Ask the students at the next table or sitting nearby what they like best about the college.

6 TAKE NOTES

During your visit, write down some notes about your experience. What did you see that excited you? Are there aspects of the college that you don't like? If so, what are they?

Questions to Ask During Your Visit:

ASK TOUR GUIDES/STUDENTS

- What are the best reasons to go to this college?
- What's it like to go from high school to college?
- What do you do in your free time? On the weekends?
- What do you love about this college?
- What do you wish you could change about this college?
- Why did you choose this college?
- What is it like to live here?
- What does the college do to promote student involvement in campus groups, extracurricular activities, or volunteerism?

ASK PROFESSORS

- What are the best reasons to go to this college?
- Can a student be mentored by professors, graduate students, or upperclassmen?
- How are professors rated by the college? Does the college think mentoring and meetings for project guidance are important?
- How does the college help students have access to professors outside class? Do professors join students for lunch, help with community service groups, or guide student organizations?
- How many students do research or other kinds of projects for a semester or more?

ASK THE FINANCIAL AID OFFICE

- How much has your total college cost for each student risen in the past year?
- How much do your students usually end up owing when they graduate?
- What is the average income of graduates who had the same major that interests me?
- Will my costs go up when your tuition goes up, or can we use the same tuition rate I started with so I'll know the costs for four years?
- How many students usually graduate in the major that interests me? How long do these students usually take to get their degree? In what ways does the college help students graduate in four years?

College Action Plan: Check List

Summer/Fall

- Narrow your list of colleges to between 5-10.**
- Plan to visit as many of the colleges you plan to apply to if you haven't already.**
- Create a master list or calendar** that includes:
 - SAT/ACT Test dates/deadlines (if retaking)
 - College Application deadlines for schools you are planning to apply to (early and/or regular deadlines)
 - Required financial aid application forms and their deadlines (aid applications may be due before college applications)
- Ask your counselor for a fee waiver** if you think you might qualify for financial assistance.
- Take the SAT and/or ACT another time** if you would like to try to improve your scores for admissions or scholarship consideration.
- Get a head start on completing as much required information on college applications** as possible.
- Write your college application essay**, if required, and have a teacher or other adult proofread it.
- Complete the Free Application for Federal Student Aid (FAFSA)** at www.fafsa.ed.gov to apply for most financial aid – available beginning on December 1st. You will need your most recent tax returns.
- Complete the CSS/Financial Aid PROFILE.** PROFILE is an online application used by certain colleges and scholarship programs to determine eligibility for their aid dollars.
- Ask one or two teachers for recommendations** if you need them (also ask your counselor if using the Common Application or have special circumstances). Make sure to provide an outline or resume of your academic awards/accomplishments, extracurricular activities, etc.
- Complete and submit one or more college applications** by Halloween.
- Create an account on www.parchment.com** and request/send transcripts to colleges.

Fall/Winter

- Keep track of the colleges you have applied to** and the responses you receive.
- Send a copy of your 7th semester (1st semester of 12th grade) grades** if the college is asking for it. Request to send your transcript through www.parchment.com.
- Find out a college's actual cost.** Use a Net Price Calculator (such as the one available on www.bigfuture.collegeboard.org's website) to find out the potential for financial aid and the true out-of-pocket cost – or net price – for each college.
- Contact the Financial Aid Office** or visit the Financial Aid Office website of the colleges in which you are applying to find out what type of aid is available, as well as the deadlines, for that particular college.
- Find and apply for scholarships.** Make sure to check the HHS Scholarship Gazette that is updated monthly by the Counseling Department. It is emailed to students and parents, as well as posted on the HHS Counseling webpage. Make sure to submit scholarships applications and/or essays by the deadlines.
- Find additional scholarships on scholarship websites.** A suggested list is available on the HHS Counseling webpage and on the Scholarship Gazette. Make sure to submit scholarships applications and/or essays by the deadlines.
- Sign up to take the AP Exam** if you are enrolled in an AP course. Talk with your AP teacher if you have questions regarding whether or not you should take the exam.

Winter/Spring

- If you are waitlisted, contact the admissions office** to let them know you are still interested and ask how you can strengthen your application.
- Continue applying for scholarships.**
- Review financial aid award offers** to figure out which package works best for you. Pay attention to deadlines.
- Make a pros/cons list of the colleges you have been accepted to** in order to choose the college that is the best fit for you.
- Visit your final college before accepting**, if possible. You should receive acceptance letters and financial aid offers no later than mid-late April if you submitted your applications by the recommended deadlines.
- Inform each college of your acceptance or rejection** of the offer and/or financial aid by May 1st.
- Notify your counselor of your final decision.**
- Send in your deposit** to the college you have decided to attend.
- Apply for housing and submit the deposit** if living on campus.
- Sign up for orientation** in order to become an official student and find out the next steps.
- Register for classes.**
- Send a copy of your final high school transcript** to your college through www.parchment.com.
- Contact the college if you have any questions!**

Michigan College Average Requirements Worksheet

Name: _____

Approximate GPA: _____ SAT Score: _____

GPA and SAT averages of each college's freshman class were found on institutions' websites. Information was verified with admissions offices in most cases. Ranges represent the middle 50% of students—25% of admitted students fell above the range listed, 25% fell below.

Open Admissions	Avg. GPA 2.8-3.3	Avg. GPA 3.3 -3.5	Avg. GPA 3.5-3.8	Avg. GPA 3.8-4.0
	Avg. SAT 940-1120	Avg. SAT 1060-1230	Avg. SAT 1130-1380	Avg. SAT 1350-1600
Baker College <hr/> <i>Community Colleges: No minimum GPA or SAT required for admission</i> Alpena CC Bay College Delta College Glen Oaks CC Gogebic CC Grand Rapids CC Henry Ford CC Jackson CC Kalamazoo Valley CC Kellogg CC Kirtland CC Lake Michigan College Lansing CC Macomb CC Mid-Michigan College Monroe County CC Mott CC Muskegon CC North Central Michigan College Northwestern Michigan College Oakland CC Schoolcraft College Southwestern Michigan College St. Clair County CC Washtenaw CC Wayne County CC West Shore CC	Adrian College Davenport University Ferris State University Finlandia University Kendall College of Art and Design Lake Superior State University Madonna University Northern Michigan University Northwood University Olivet College Rochester College Saginaw Valley State University Siena Heights University Spring Arbor University	Albion College Alma College Andrews University Aquinas College Central Michigan University College for Creative Studies Concordia University Cornerstone University Eastern Michigan University Lawrence Tech Oakland University UM-Flint Western Michigan University Wayne State University	Calvin University Grand Valley State University Hope College Kalamazoo College Michigan State University Michigan Tech UM-Dearborn University of Detroit Mercy	Hillsdale College University of Michigan



A Parent's Guide to Teen Parties

As a parent, you know that parties can be an important part of a teen's social life. But an unsupervised or poorly planned party can have unwanted or even tragic consequences. Here are tips that can help keep teens safe at parties.



How teen parties can be unpredictable

- **Guest list.** When a teen plans a party, news may spread very quickly via social media. Because of this, teen parties can grow too large for parents to control.
- **Time & place.** Teen parties often start late at night and move from house to house.

Facts about teens, alcohol & drugs

- **Teens often expect alcohol (/English/ages-stages/teen/substance-abuse/Pages/Why-to-Have-the-Alcohol-Talk-Early.aspx) and marijuana (/English/ages-stages/teen/substance-abuse/Pages/legalizing-marijuana.aspx) at parties.** Some parents believe that it is better to allow teens to drink in their home so they can keep them safe. While this idea may be well intentioned, it is simply misguided. Parents cannot keep impaired teens safe.
- **Alcohol and other drugs impair judgment.** Teens are more likely to have sex, be involved in a violent incident, or be injured after using drugs or alcohol. All too often teens die from violence, unintentional injuries or overdoses related to alcohol and other drugs.
- **Alcohol affects teens** (<https://www.niaaa.nih.gov/publications/alcohol-and-adolescent-brain>) **differently than adults.** For example, compared with adults, teens are more likely to remain awake, to wander about, or to drive a car while having a much greater degree of mental impairment.

Keys to keeping teens safe at parties

- **Communication and honesty are important to keep your teen safe.** Teens whose parents talk with them regularly about drugs and alcohol are less likely to use substances than those whose parents don't. Tell your teens that you expect them not to use alcohol or other drugs at parties.
- **Parent networking is the best prevention tool to combat underage drinking.** Get to know your teen's friends and their parents. If your teen is planning on going to a party, call the parents to ensure that they will be home and that they will not allow drugs or alcohol. If this is not possible, don't let your teen go.
- **Parents are legally responsible for anything that happens to a minor who has been served alcohol or other drugs in their home.** If anyone brings alcohol or other drugs to your home, be prepared to contact their parents. And if someone comes to your home already intoxicated, make sure that they get home safely. Help your teen feel responsible for this as well.

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Parents may be criminally or civilly liable if...

- Alcohol is provided to a minor at a party they have organized.
- Someone's property is damaged.
- Someone is injured.
- Someone leaves and gets into a car crash and/or injures someone else.
- Someone dies.

Understand the local laws about alcohol and other drugs. Laws about alcohol and drug use vary from state to state, so make sure you know what the laws are where you live.

If you are hosting a teen party...

- **Plan in advance.** Go over party plans with your teen. Encourage them to plan non-alcohol-related group activities or games.
- **Keep parties small.** There should be 10 to 15 teens for each adult. Make sure at least one adult is present at all times. Ask other parents to come over to help you if you need it.
- **Set a guest list.** The party should be for invited guests only. No "crashers" allowed. This will help avoid the "open party" situation.
- **Set a start and end time for the party.** Check local curfew laws to determine an ending time.
- **Set party "rules" and your expectations.** Discuss them with your teen before the party. Rules should include:
 - No tobacco, alcohol, or other drugs.
 - No one can leave the party and then return.
 - Lights are always left on.
 - Certain rooms of the house are off-limits.
- **Have plenty of food and non-alcoholic beverages available.** Also, put your alcohol and any prescription or over-the-counter medicines in a locked cabinet.
- **Be there, but not square.** Pick out a spot where you can see what is going on without being in the way. You can also help serve snacks and beverages.

If your teen is going to a party...

- **Know where your teen is going** and how long they will be there.
- **Ask your teen to call you if the location of the party changes.** Be sure to let your teen know where you will be during the party.
- **Call the parent of the party host** to make sure a parent will be home the entire time and supervising the party. Make sure that tobacco, alcohol and other drugs will not be allowed.
- **Talk with your teen beforehand** about how to handle a situation where alcohol is available at a party.
- **Make sure your teen has a safe way to get to and from the party.** Make it easy for your teen to leave a party by making it clear that they can call at any time for a ride home. Discuss why they might need to call you. Remind your teen NEVER to ride in a car (</English/ages-stages/teen/safety/Pages/Teen-Driving-Agreement.aspx>) with a driver who has been drinking or using other drugs.

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- **Be up to greet your teen when they come home.** This can be a good way to check the time and talk about the evening.
- **If your teen is staying overnight at a friend's house** after the party, verify this arrangement with the friend's parents and that they will be home.

More information

- [Parent-Teen Driving Agreement \(/English/ages-stages/teen/safety/Pages/Teen-Driving-Agreement.aspx\)](/English/ages-stages/teen/safety/Pages/Teen-Driving-Agreement.aspx)
- [Underage Drinking: How to Talk With Your Teen About Alcohol Use \(/English/ages-stages/teen/substance-abuse/Pages/Why-to-Have-the-Alcohol-Talk-Early.aspx\)](/English/ages-stages/teen/substance-abuse/Pages/Why-to-Have-the-Alcohol-Talk-Early.aspx)
- [Is Cannabis Harmful for Teens? \(/English/ages-stages/teen/substance-abuse/Pages/legalizing-marijuana.aspx\)](/English/ages-stages/teen/substance-abuse/Pages/legalizing-marijuana.aspx)

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